

XI BIEG ENERGETYKA - WROCLAW

Data: 14.10.2018

Miejsce: Wrocław

Dystans: 4,3 km

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | MIASTO | KLUB | KAT/ WIEK | MSC/ KAT | POMIAR 1 | POMIAR 2 | CZAS |
|-----|-----------|---------------|-----|------|------------------|--|--------------|-------------|-------------|-------------|----------|
| 1 | JACEK | LESIECKI | 50 | M | Wrocław | WosiekTeam/AZS AWF Wrocław | M20 | 1 | 00:04:22 | 00:08:49 | 00:13:04 |
| 2 | MICHAŁ | WENDLAND | 130 | M | Wrocław | UKS "Olimpia" Węgliniec | M20 | 2 | 00:04:22 | 00:08:49 | 00:13:07 |
| 3 | KAMIL | MAŃKOWSKI | 62 | M | Wrocław | Udb | M20 | 3 | 00:04:22 | 00:13:43 | 00:13:43 |
| 4 | WOJCIECH | URBANOWSKI | 127 | M | Wrocław | InsERT TEAM | M30 | 1 | 00:04:44 | 00:09:47 | 00:14:40 |
| 5 | JERZY | ŁADYSZ | 56 | M | Wrocław | AZS Uniwersytet Ekonomiczny we Wrocławiu | M40 | 1 | 00:04:45 | 00:09:47 | 00:14:42 |
| 6 | KAROL | KOMOROWSKI | 44 | M | Trzebnica | Athletics Team Prusic | M30 | 2 | 00:04:44 | 00:09:47 | 00:14:42 |
| 7 | RADOSŁAW | MAZGA | 69 | M | Rzeszotary | Jezus Team | M30 | 3 | 00:04:45 | 00:09:47 | 00:14:54 |
| 8 | ARTUR | WENNE | 132 | M | Krzepków | InsERT TEAM | M40 | 2 | 00:04:52 | 00:09:57 | 00:14:55 |
| 9 | KUBA | LEWANDOWSKI | 53 | M | Wrocław | UKS Olimpijczyk 46 | M20 | 4 | 00:04:41 | 00:09:53 | 00:15:05 |
| 10 | SŁAWOMIR | PIECZUROWSKI | 76 | M | Wrocław | | M50 | 1 | 00:04:56 | 00:10:14 | 00:15:29 |
| 11 | MACIEJ | MARTOWSKI | 66 | M | Wrocław | Europa Ubezpieczenia | M40 | 3 | 00:05:03 | 00:10:28 | 00:15:40 |
| 12 | JAKUB | RADECKI | 89 | M | Wrocław | Kubutek Running Team Wrocław | M40 | 4 | 00:05:03 | 00:10:28 | 00:15:48 |
| 13 | MAREK | LEŚNICKI | 52 | M | Stanowice | | M50 | 2 | 00:05:02 | 00:10:29 | 00:15:59 |
| 14 | TOMASZ | ŻUREK | 141 | M | Wrocław | | M30 | 4 | 00:05:04 | 00:10:40 | 00:16:12 |
| 15 | JAN | PODWÓRNY | 84 | M | Wrocław | Trenujznami.pl | M40 | 5 | 00:05:11 | 00:10:46 | 00:16:26 |
| 16 | JAKUB | PIOTROWSKI | 79 | M | wrocław | xiv lo | M20 | 5 | 00:05:10 | 00:10:52 | 00:16:28 |
| 17 | WITOLD | JANIAK | 34 | M | Wrocław | Bester Lincoln | M40 | 6 | 00:05:15 | 00:10:53 | 00:16:29 |
| 18 | MAREK | GADZIŃSKI | 22 | M | WROCLAW | WKB PIAST WROCLAW | M50 | 3 | 00:05:19 | 00:11:00 | 00:16:37 |
| 19 | WIKTOR | CHOJNACKI | 11 | M | Wrocław | | M20 | 6 | 00:05:05 | 00:10:39 | 00:16:40 |
| 20 | PAWEŁ | CZECHOWSKI | 12 | M | Wrocław | | M30 | 5 | 00:05:22 | 00:11:03 | 00:16:45 |
| 21 | TOMASZ | TRZASKACZ | 122 | M | TRZEBNICA | OBORYGENI | M40 | 7 | 00:05:15 | 00:10:56 | 00:16:50 |
| 22 | ŁUKASZ | BUDNIK | 9 | M | Wrocław | | M30 | 6 | 00:05:23 | 00:11:11 | 00:17:01 |
| 23 | ŁUKASZ | KOŚNICA | 149 | M | WROCLAW | | M30 | 7 | 00:05:20 | 00:11:15 | 00:17:04 |
| 24 | MARIUSZ | HUZARSKI | 33 | M | Wilkowa | | M30 | 8 | 00:05:24 | 00:11:16 | 00:17:05 |
| 25 | CZESŁAW | WILK | 157 | M | WĘGRÓW | | M60 | 1 | 00:05:40 | 00:11:36 | 00:17:16 |
| 26 | ANDRZEJ | RECZUCH | 91 | M | Bielawa | DYWIZJON 102 | M40 | 8 | 00:05:39 | 00:11:33 | 00:17:22 |
| 27 | ŁUKASZ | BAGIŃSKI | 5 | M | Wrocław | | M30 | 9 | 00:05:39 | 00:11:41 | 00:17:36 |
| 28 | TADEUSZ | MARCINKIEWICZ | 63 | M | wrocław | euroserwis | M60 | 2 | 00:05:40 | 00:11:37 | 00:17:40 |
| 29 | DARIUSZ | DĄBROWSKI | 13 | M | Wrocław | MAX PROGRESS RUN TEAM | M30 | 10 | 00:05:41 | 00:11:45 | 00:18:02 |
| 30 | ARKADIUSZ | GAWRON | 24 | M | Wrocław | | M20 | 7 | 00:05:57 | 00:12:13 | 00:18:14 |
| 31 | DAREK | WIĄCEK | 175 | M | WROCLAW | | M50 | 4 | 00:05:59 | 00:12:17 | 00:18:18 |
| 32 | WOJCIECH | PRUKOP | 86 | M | Wrocław | | M50 | 5 | 00:06:01 | 00:12:17 | 00:18:21 |
| 33 | ROMAN | SZYMANEK | 117 | M | Tyniec nad Ślężą | | M40 | 9 | 00:05:47 | 00:12:02 | 00:18:26 |
| 34 | RADOSŁAW | STANISZ | 164 | M | WROCLAW | | M30 | 11 | 00:05:47 | 00:12:10 | 00:18:35 |

XI BIEG ENERGETYKA - WROCŁAW

Data: 14.10.2018

Miejsce: Wrocław

Dystans: 4,3 km

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | MIASTO | KLUB | KAT/ WIEK | MSC/ KAT | POMIAR 1 | POMIAR 2 | CZAS |
|-----|-------------|--------------|-----|------|------------------|-----------------------|--------------|-------------|-------------|-------------|----------|
| 35 | JAKUB | SWIST | 165 | M | WROCŁAW | | M30 | 12 | 00:06:07 | 00:12:30 | 00:18:36 |
| 36 | PIOTR | BOBERSKI | 156 | M | WROCŁAW | | M30 | 13 | 00:06:06 | 00:12:35 | 00:18:40 |
| 37 | STANISŁAW | WESOŁOWSKI | 133 | M | Uraz | WKB PIAST WROCŁAW | M60 | 3 | 00:06:05 | 00:12:29 | 00:18:44 |
| 38 | DARIUSZ | MADEJ | 59 | M | Wrocław | WKB PIAST WROCŁAW | M40 | 10 | 00:06:24 | 00:12:47 | 00:18:46 |
| 39 | TOMASZ | SZTEJKOWSKI | 116 | M | Wrocław | | M40 | 11 | 00:06:20 | 00:12:43 | 00:18:55 |
| 40 | GRZEGORZ | SKWAREK | 148 | M | WROCŁAW | | M30 | 14 | 00:06:06 | 00:19:16 | 00:18:56 |
| 41 | KATARZYNA | GAŚOWSKA | 25 | K | Wrocław | | K30 | 1 | 00:06:20 | 00:12:50 | 00:18:56 |
| 42 | WIESŁAW | STACHOWIAK | 105 | M | Wrocław | | M40 | 12 | 00:06:14 | 00:12:37 | 00:18:57 |
| 43 | WOJCIECH | ABULEWICZ | 2 | M | Wrocław | Innova Sport Center | M50 | 6 | 00:06:11 | 00:12:38 | 00:18:58 |
| 44 | MICHAŁ | GADZIŃSKI | 150 | M | WROCŁAW | | M20 | 8 | 00:06:22 | 00:12:54 | 00:19:06 |
| 45 | RAFAŁ | WAJDZIK | 129 | M | Wrocław | Volvo Polska | M20 | 9 | 00:06:09 | 00:12:45 | 00:19:12 |
| 46 | BRONISŁAW | SZAŁKOPLAS | 110 | M | Wrocław | | M60 | 4 | 00:06:10 | 00:12:41 | 00:19:14 |
| 47 | DOROTA | TRZASKACZ | 120 | K | Trzebnica | OBORYGENI | K30 | 2 | 00:06:13 | 00:12:43 | 00:19:16 |
| 48 | ZBIGNIEW | JĘDRZEJEWSKI | 36 | M | Wrocław | Parkrun Wrocław | M50 | 7 | 00:06:17 | 00:12:49 | 00:19:17 |
| 49 | JERZY | PIOTRKOWSKI | 77 | M | Wrocław | | M60 | 5 | 00:06:31 | 00:12:57 | 00:19:21 |
| 50 | JAN | CEBULA | 10 | M | Kępno | REMBET | M60 | 6 | 00:05:53 | 00:12:27 | 00:19:23 |
| 51 | ALEKSANDRA | ZIOBER | 160 | K | WROCŁAW | | K20 | 1 | 00:06:10 | 00:12:44 | 00:19:24 |
| 52 | BEATA | PODKOWSKA | 83 | K | Wrocław | | K50 | 1 | 00:06:28 | 00:13:03 | 00:19:25 |
| 53 | KACPER | GNUTEK | 162 | M | KIEŁCZÓW | | M20 | 10 | 00:06:36 | 00:13:23 | 00:19:28 |
| 54 | EWA | BARAN | 6 | K | Wrocław | Wrocław Marathon Team | K40 | 1 | 00:06:33 | 00:13:06 | 00:19:34 |
| 55 | DAREK | ANTONISZYN | 4 | M | Szczytkowice | | M50 | 8 | 00:06:23 | 00:13:11 | 00:19:50 |
| 56 | ROBERT | TURKÓW | 125 | M | Legnica | | M20 | 11 | 00:06:55 | 00:13:38 | 00:19:52 |
| 57 | ARTUR | BOBEL | 7 | M | Wrocław | | M30 | 15 | 00:06:32 | 00:13:15 | 00:19:54 |
| 58 | | | 240 | | | | | 1 | 00:12:00 | 00:16:26 | 00:19:58 |
| 59 | JANUSZ | WOŹNIAK | 177 | M | SKOŁSZYN | | M50 | 9 | 00:06:17 | 00:13:05 | 00:20:01 |
| 60 | ANDRZEJ | CYGANEK | 153 | M | WROCŁAW | | M50 | 10 | 00:06:27 | 00:13:07 | 00:20:03 |
| 61 | RAFAŁ | ADAMSKI | 144 | M | WROCŁAW | | M50 | 11 | 00:06:45 | 00:13:26 | 00:20:05 |
| 62 | DARIUSZ | BRAK | 166 | M | WROCŁAW | | | 1 | 00:06:40 | 00:13:34 | 00:20:07 |
| 63 | KATARZYNA | PTASZEK | 88 | K | Wrocław | | K40 | 2 | 00:06:48 | 00:13:37 | 00:20:13 |
| 64 | MARCIN | SYPEREK | 109 | M | WROCŁAW | | M40 | 13 | 00:06:28 | 00:13:25 | 00:20:15 |
| 65 | PIOTR | WYSOCKI | 136 | M | Wrocław | | M20 | 12 | 00:06:39 | 00:13:32 | 00:20:20 |
| 66 | WŁODZIMIERZ | GADZIŃSKI | 23 | M | Wrocław | | M50 | 12 | 00:06:42 | 00:13:40 | 00:20:27 |
| 67 | ŁUKASZ | KALEMBA | 37 | M | Zdziechowice | Biegamy we Wrocławiu | M20 | 13 | 00:06:34 | 00:13:36 | 00:20:27 |
| 68 | WOJCIECH | MALINOWSKI | 60 | M | Wrocław | MALINY RUN | M30 | 16 | 00:06:05 | 00:13:13 | 00:20:29 |
| 69 | JÓZEF | PALCZAK | 155 | M | WROCŁAW | | M70+ | 1 | 00:06:35 | 00:13:36 | 00:20:40 |
| 70 | BARBARA | MARTOWSKA | 65 | K | Wrocław | | K40 | 3 | 00:06:29 | 00:13:29 | 00:20:43 |
| 71 | JACEK | WIECZOREK | 134 | M | WROCŁAW | | M40 | 14 | 00:06:09 | 00:13:16 | 00:20:46 |
| 72 | ELŻBIETA | KOSZYKOWSKA | 45 | K | oborniki śląskie | | K60+ | 1 | 00:06:28 | 00:13:39 | 00:20:55 |

XI BIEG ENERGETYKA - WROCŁAW

Data: 14.10.2018

Miejsce: Wrocław

Dystans: 4,3 km

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | MIASTO | KLUB | KAT/ WIEK | MSC/ KAT | POMIAR 1 | POMIAR 2 | CZAS |
|-----|------------|------------------------|-----|------|-------------------|--------------------------------|--------------|-------------|-------------|-------------|----------|
| 73 | TADEUSZ | LEWANDOWSKI | 145 | M | WROCŁAW | | M60 | 7 | 00:07:01 | 00:14:02 | 00:21:00 |
| 74 | DOMINIKA | LESZCZYŃSKA- BOGDAŁ | 51 | K | Międzygórze | | K30 | 3 | 00:06:55 | 00:14:01 | 00:21:08 |
| 75 | PAWEŁ | BOGDAŁ | 8 | M | Międzygorze | | M40 | 15 | 00:04:58 | 00:14:01 | 00:21:08 |
| 76 | MARTA | OLEJNIK | 74 | K | Wrocław | | K20 | 2 | 00:06:42 | 00:13:58 | 00:21:19 |
| 77 | OLGIERD | ZIOBER | 161 | M | WROCŁAW | | M20 | 14 | 00:06:20 | 00:13:41 | 00:21:27 |
| 78 | ŁUKASZ | LEWANDOWSKI | 54 | M | Wrocław | | M20 | 15 | 00:07:17 | 00:14:37 | 00:21:29 |
| 79 | ANDRZEJ | SZCZEŚNIAK | 143 | M | WROCŁAW | | M60 | 8 | 00:07:01 | 00:14:32 | 00:21:31 |
| 80 | DARIUSZ | ŚMIGIELSKI | 119 | M | Wrocław | | M50 | 13 | 00:07:29 | 00:14:36 | 00:21:35 |
| 81 | PAWEŁ | TUBICZ | 124 | M | WROCŁAW | | M30 | 17 | 00:07:02 | 00:14:24 | 00:21:40 |
| 82 | TOMASZ | SZOT | 114 | M | Wrocław | | M40 | 16 | 00:06:52 | 00:14:20 | 00:22:01 |
| 83 | ELŻBIETA | ENGEL-ABULEWICZ | 19 | K | Wrocław | Innova Sport Center | K50 | 2 | 00:07:03 | 00:14:37 | 00:22:04 |
| 84 | GRZEGORZ | KINAL | 40 | M | Wrocław | | M30 | 18 | 00:05:50 | 00:11:46 | 00:22:11 |
| 85 | DARIUSZ | SZAŁUCKI | 112 | M | Gdynia | InsERT TEAM | M20 | 16 | 00:07:24 | 00:15:03 | 00:22:16 |
| 86 | MARIOLA | MIĄZEK | 70 | K | Wińsko | | K20 | 3 | 00:06:32 | 00:14:33 | 00:22:18 |
| 87 | ŁUKASZ | KĘPKA | 147 | M | WROCŁAW | | M30 | 19 | 00:07:34 | 00:15:03 | 00:22:25 |
| 88 | KRYSTYNA | GADZIŃSKA | 21 | K | WROCŁAW | WKB PIAST WROCŁAW | K50 | 3 | 00:07:15 | 00:14:56 | 00:22:26 |
| 89 | HENRYK | JURECKI | 176 | M | MOKRONOS GÓRNY | | M50 | 14 | 00:07:34 | 00:15:14 | 00:22:26 |
| 90 | JOANNA | KOZUBAL | 46 | K | Wrocław | Zakochaj się w bieganiu/NOA | K40 | 4 | 00:07:16 | 00:14:55 | 00:22:32 |
| 91 | STANISŁAW | KUCZKOWSKI | 159 | M | WROCŁAW | | M60 | 9 | 00:07:20 | 00:14:57 | 00:22:51 |
| 92 | KATARZYNA | HUZARSKA | 32 | K | Wilkowa | | K30 | 4 | 00:07:28 | 00:15:11 | 00:22:54 |
| 93 | DOROTA | NAPIERAŁA | 72 | K | Wrocław | | K30 | 5 | 00:07:17 | 00:15:12 | 00:22:54 |
| 94 | TOMASZ | SZCZEPANIAK | 113 | M | Wrocław | UNIQUALNI | M40 | 17 | 00:07:55 | 00:15:29 | 00:22:55 |
| 95 | EWA | SKAWIŃSKA | 99 | K | Wilkszyn | Nakijezapraszamy.nw | K40 | 5 | 00:07:09 | 00:15:04 | 00:22:59 |
| 96 | MAŁGORZATA | DYMKOWSKA | 17 | K | WROCŁAW | Velicante Sport Team | K40 | 6 | 00:07:27 | 00:15:16 | 00:23:11 |
| 97 | ROMAN | SARNA | 178 | M | WROCŁAW | | M50 | 15 | 00:07:26 | 00:15:22 | 00:23:12 |
| 98 | PIOTR | WOJCIK | 135 | M | WROCLAW | bsk wroclaw | M40 | 18 | 00:07:31 | 00:15:29 | 00:23:14 |
| 99 | KORNELIA | ŻUKROWSKA | 140 | K | Wrocław | | K30 | 6 | 00:07:28 | 00:15:15 | 00:23:17 |
| 100 | IRENA | SIKORSKA | 173 | K | WROCŁAW | | K60+ | 2 | 00:07:28 | 00:15:26 | 00:23:29 |
| 101 | KATARZYNA | DRZEWIŃSKA | 15 | K | Wrocław | | K20 | 4 | 00:07:22 | 00:15:34 | 00:23:51 |
| 102 | HANNA | MADEJ | 58 | K | Wrocław | Gimnazjum nr 13 Wrocław | K20 | 5 | 00:08:15 | 00:16:30 | 00:24:22 |
| 103 | DAMIAN | SZAFERT | 172 | M | WROCŁAW | | M20 | 17 | 00:08:19 | 00:16:41 | 00:24:23 |
| 104 | MAGDALENA | KINAL | 41 | K | Wrocław | | K30 | 7 | 00:08:18 | 00:16:41 | 00:24:35 |
| 105 | TOMEK | KLAUZIŃSKI | 42 | M | Nysa | | M30 | 20 | 00:08:17 | 00:16:38 | 00:24:47 |
| 106 | ANDRZEJ | BORA | 146 | M | WROCŁAW | | M70+ | 2 | 00:08:17 | 00:16:43 | 00:25:00 |
| 107 | MIKOŁAJ | ROMANÓW | 154 | M | WROCŁAW | | M20 | 18 | 00:08:05 | 00:17:07 | 00:25:01 |

XI BIEG ENERGETYKA - WROCŁAW

Data: 14.10.2018

Miejsce: Wrocław

Dystans: 4,3 km

| MSC | IMIĘ | NAZWISKO | NR | PŁEĆ | MIASTO | KLUB | KAT/ WIEK | MSC/ KAT | POMIAR 1 | POMIAR 2 | CZAS |
|-----|-----------|---------------|-----|------|------------|-------------------|--------------|-------------|-------------|-------------|----------|
| 108 | MARTA | ROMANOW-ŁOJKO | 174 | K | Wrocław | | K30 | 8 | 00:08:05 | 00:17:08 | 00:25:05 |
| 109 | PIOTR | LEWANDOWSKI | 55 | M | Wrocław | | M40 | 19 | 00:07:25 | 00:16:09 | 00:25:10 |
| 110 | ANNA | STROJWAŚ | 107 | K | WROCŁAW | WKB WROCŁAW | K60+ | 3 | 00:08:46 | 00:16:59 | 00:25:32 |
| 111 | FILIP | ZIOBER | 169 | M | WROCŁAW | | M20 | 19 | 00:08:12 | 00:16:57 | 00:25:42 |
| 112 | AGNIESZKA | RZAŚOWSKA | 98 | K | Wrocław | | K20 | 6 | 00:08:36 | 00:17:24 | 00:25:59 |
| 113 | KAMILA | DZIADYKIEWICZ | 18 | K | Siemianice | | K30 | 9 | 00:08:38 | 00:17:23 | 00:26:02 |
| 114 | MICHAŁ | STERNALSKI | 171 | M | WROCŁAW | | M40 | 20 | 00:08:45 | 00:17:11 | 00:26:08 |
| 115 | ANETA | ŁUKOWIAK | 57 | K | Prusice | | K30 | 10 | 00:08:40 | 00:17:33 | 00:26:33 |
| 116 | ANETA | KUCZKOWSKA | 47 | K | Wrocław | WKB PIAST WROCŁAW | K30 | 11 | 00:08:02 | 00:17:07 | 00:26:51 |
| 117 | JAKUB | ZIOBER | 168 | M | WROCŁAW | | M20 | 20 | 00:09:52 | 00:19:44 | 00:28:47 |
| 118 | PIOTR | ZIOBER | 170 | M | WROCŁAW | | M30 | 21 | 00:09:52 | 00:19:44 | 00:28:48 |
| 119 | JÓZEF | MALISZEWSKI | 61 | M | Wrocław | WKB Piast | M70+ | 3 | 00:09:52 | 00:19:31 | 00:29:01 |
| 120 | ZBIGNIEW | PATER | 75 | M | WROCŁAW | | M70+ | 4 | 00:09:51 | 00:19:37 | 00:29:02 |
| 121 | MAGDALENA | KWIATKOWSKA | 49 | K | Mirków | UNIQUALNI | K20 | 7 | 00:10:02 | 00:20:58 | 00:30:30 |
| 122 | KRYSTYNA | KSOK | 152 | K | WROCŁAW | | K60+ | 4 | 00:09:30 | 00:20:07 | 00:31:06 |
| 123 | GRZEGORZ | GOGOLEWSKI | 26 | M | Wysoka | UNIQUALNI | M40 | 21 | 00:10:02 | 00:20:59 | 00:31:20 |
| 124 | MAREK | POLOCZEK | 85 | M | Wrocław | WKB PIAST WROCŁAW | M60 | 10 | 00:09:58 | 00:20:31 | 00:31:38 |