

BiegamBoLubię LASY Chojnów 2018

Organizator: Lasy Państwowe; Centrum Informacyjne Lasów Państwowych (CILP); Nadleśnictwo Chojnów, Club bbl, Fundacja Wychowanie przez Sport

Data: 25.02.2018r.

Dystans: 5 KM

Miejscowość: Chojnów

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Wynik | M | K |
|------|---------|--------------------------------|-------------------------|---------------------------|------------|-----------|------------|--------------|------------|----------|----|----|
| 1 | 414 | MORDEL JAN | JÓZEFOSŁAW | KONDYCCJA | 2001 | M20 | 1 | 3:38 | 16,5 | 00:18:10 | 1 | |
| 2 | 495 | BARTOSZ KUCHARSKI | LESZNOWOLA | KONDYCCJA | 2000 | M20 | 2 | 3:42 | 16,2 | 00:18:32 | 2 | |
| 3 | 330 | DĄBROWSKI MICHAŁ | PIASECZNO | KONDYCCJA | 1999 | M20 | 3 | 3:44 | 16,1 | 00:18:41 | 3 | |
| 4 | 451 | SZCZEPAŃSKI PIOTR | KONSTANCIN-JEJIORNA | KONDYCCJA | 2000 | M20 | 4 | 3:47 | 15,8 | 00:18:56 | 4 | |
| 5 | 463 | TOKARSKI PIOTR | KRĘPA | | 1995 | M20 | 5 | 3:51 | 15,6 | 00:19:17 | 5 | |
| 6 | 459 | SZYMAŃSKI PIOTR | PIASECZNO | KONDYCCJA | 1999 | M20 | 6 | 3:54 | 15,4 | 00:19:31 | 6 | |
| 7 | 387 | ŁASIŃSKI MICHAŁ | WARSZAWA | 2111.PL | 1987 | M30 | 1 | 3:55 | 15,3 | 00:19:34 | 7 | |
| 8 | 450 | SZCZEPAŃSKI PAWEŁ | KONSTANCIN | KONDYCCJA | 1998 | M20 | 7 | 3:58 | 15,2 | 00:19:48 | 8 | |
| 9 | 497 | WYSOKIŃSKI KONRAD | PIASECZNO | | 1978 | M40 | 1 | 4:09 | 14,5 | 00:20:43 | 9 | |
| 10 | 477 | KRÓL DARIUSZ | WOŁOMIN | DREAM RUN | 1964 | M50 | 1 | 4:11 | 14,3 | 00:20:55 | 10 | |
| 11 | 478 | ZDZIARSKI PIOTR | GRODZISK MAZOWIECKI | DOGOŃ GRODZISK MAZOWIECKI | 1979 | M30 | 2 | 4:12 | 14,3 | 00:21:02 | 11 | |
| 12 | 464 | TOKARSKI SEBASTIAN | KRĘPA | | 1998 | M20 | 8 | 4:13 | 14,3 | 00:21:03 | 12 | |
| 13 | 402 | ZABORSKI MATEUSZ | WARSZAWA | KONDYCCJA | 1993 | M20 | 9 | 4:14 | 14,2 | 00:21:12 | 13 | |
| 14 | 506 | NOWOCIEŃ JACEK | PODKOWA LEŚNA | SZK. PODST. W RYŚCU | 1959 | M50 | 2 | 4:24 | 13,6 | 00:22:01 | 14 | |
| 15 | 351 | JASNOWSKI MICHAŁ | WARSZAWA | | 1980 | M30 | 3 | 4:26 | 13,5 | 00:22:09 | 15 | |
| 16 | 494 | SIEJKA MARIUSZ | BOBROWIEC | KONDYCCJA | 1977 | M40 | 2 | 4:27 | 13,5 | 00:22:14 | 16 | |
| 17 | 323 | CIBICKA JOANNA | ŻABIENIEC | | 1995 | K20 | 1 | 4:28 | 13,4 | 00:22:19 | | 1 |
| 18 | 413 | MORAWSKI PIOTR | DAWIDY | | 1985 | M30 | 4 | 4:38 | 13,0 | 00:23:09 | 17 | |
| 19 | 352 | JAWORSKI PRZEMYSŁAW | PIASECZNO | | 1982 | M30 | 5 | 4:39 | 12,9 | 00:23:16 | 18 | |
| 20 | 484 | ONISK KAMIL | MIŃSK MAZOWIECKI | MKB DREPTAK | 1989 | M20 | 10 | 4:41 | 12,8 | 00:23:23 | 19 | |
| 21 | 420 | OSTASIUK ALEKSANDER | PIASECZNO | SKN | 1990 | M20 | 11 | 4:41 | 12,8 | 00:23:26 | 20 | |
| 22 | 345 | HADUCH MATEUSZ | WARSZAWA | | 2000 | M20 | 12 | 4:43 | 12,7 | 00:23:34 | 21 | |
| 23 | 366 | KOSIN PAWEŁ | KIELCE | KLUB BIEGAJĄCYCH LEŚNIKÓW | 1980 | M30 | 6 | 4:44 | 12,7 | 00:23:38 | 22 | |
| 24 | 343 | GRZELCZYK PIOTR | ZĄBKI | | 1977 | M40 | 3 | 4:44 | 12,7 | 00:23:41 | 23 | |
| 25 | 431 | RADZIAK PAWEŁ | GRODZISK MAZOWIECKI | MANHATTAN | 1985 | M30 | 7 | 4:45 | 12,6 | 00:23:47 | 24 | |
| 26 | 396 | MAKSYMIEK KRZYSZTOF | WARSZAWA | | 1977 | M40 | 4 | 4:46 | 12,6 | 00:23:50 | 25 | |
| 27 | 338 | GĄTKOWSKI DOMINIK | KARCZEW | - | 1987 | M30 | 8 | 4:46 | 12,6 | 00:23:51 | 26 | |
| 28 | 406 | MAREK MIROSŁAW | WARSZAWA | | 1969 | M40 | 5 | 4:49 | 12,5 | 00:24:05 | 27 | |
| 29 | 399 | MALCZAK PIOTR | GRODZISK MAZOWIECKI | DOGOŃ GRODZISK MAZOWIECKI | 1979 | M30 | 9 | 4:50 | 12,4 | 00:24:12 | 28 | |
| 30 | 492 | KŁOSOWICZ SEBASTIAN | KONDYCCJA | | 1977 | M40 | 6 | 4:51 | 12,4 | 00:24:16 | 29 | |
| 31 | 310 | BARAŃSKI KRZYSZTOF | GRODZISK MAZOWIECKI | MANHATTAN | 1985 | M30 | 10 | 4:52 | 12,3 | 00:24:18 | 30 | |
| 32 | 482 | ZWIERZCHOWSKI MICHAŁ | WOŁOMIN | NADLEŚNICTWO DREWNIKA | 1987 | M30 | 11 | 4:56 | 12,2 | 00:24:41 | 31 | |
| 33 | 444 | SKRZYPKOWSKI TOMASZ | OTWOCK | | 1957 | M60+ | 1 | 4:59 | 12,0 | 00:24:55 | 32 | |
| 34 | 493 | RYBAK ADAM | USTAMÓW | KONDYCCJA | 1982 | M30 | 12 | 5:03 | 11,9 | 00:25:17 | 33 | |
| 35 | 331 | DEK MATEUSZ | PIASECZNO | | 1992 | M20 | 13 | 5:05 | 11,8 | 00:25:27 | 34 | |
| 36 | 461 | TAPEREK ROBERT | PIASECZNO | TEAMNABIEGOWKACH.PL | 1983 | M30 | 13 | 5:05 | 11,8 | 00:25:27 | 35 | |
| 37 | 505 | KOZŁOWSKI TOMASZ | KOWSATWCIN | MANIANA TEAM | 1952 | M60+ | 2 | 5:07 | 11,7 | 00:25:36 | 36 | |
| 38 | 303 | ANTONOWICZ JAN | JÓZEFOSŁAW | JÓZEFOSŁAW | 1999 | M20 | 14 | 5:08 | 11,7 | 00:25:41 | 37 | |
| 39 | 479 | ZDYMIRA MICHAŁ | KIELCE | KLUB BIEGAJĄCYCH LESNIKÓW | 1980 | M30 | 14 | 5:09 | 11,6 | 00:25:46 | 38 | |
| 40 | 333 | DOBOSZ JAKUB | JURANDÓW | | 1984 | M30 | 15 | 5:14 | 11,5 | 00:26:11 | 39 | |
| 41 | 304 | ANTONOWICZ JERZY | JÓZEFOSŁAW | JÓZEFOSŁAW | 1968 | M50 | 3 | 5:16 | 11,4 | 00:26:21 | 40 | |
| 42 | 317 | BONIECKA URSZULA | WARSZAWA | FPL TEAM | 1981 | K30 | 1 | 5:17 | 11,4 | 00:26:23 | | 2 |
| 43 | 449 | SUPIERZ PAWEŁ | PIASECZNO | | 1976 | M40 | 7 | 5:19 | 11,3 | 00:26:37 | 41 | |
| 44 | 395 | MAJEWSKI MIŁOSZ | ZALEŚIE GORNE | | 1977 | M40 | 8 | 5:20 | 11,2 | 00:26:42 | 42 | |
| 45 | 507 | KOT KATARZYNA | WARSZAWA | REMBERTÓW TEAM | 1985 | K30 | 2 | 5:21 | 11,2 | 00:26:44 | | 3 |
| 46 | 306 | BABIŃSKI JERZY | NADARZYN | | 1960 | M50 | 4 | 5:22 | 11,2 | 00:26:51 | 43 | |
| 47 | 353 | KACPERSKI KAMIL | RYBIE | | 1985 | M30 | 16 | 5:24 | 11,1 | 00:26:58 | 44 | |
| 48 | 462 | TKACZYK MIŁOSZ | GRODZISK MAZOWIECKI | | 1988 | M30 | 17 | 5:24 | 11,1 | 00:27:01 | 45 | |
| 49 | 312 | BERNACIAK PAWEŁ | GABRYELIN | | 1980 | M30 | 18 | 5:27 | 11,0 | 00:27:16 | 46 | |
| 50 | 473 | WOJEWÓDZKA ANNA | WARSZAWA | WOJEWÓDZCY TEAM | 1990 | K20 | 2 | 5:28 | 11,0 | 00:27:18 | | 4 |
| 51 | 355 | KAMIŃSKI STANISŁAW | NADARZYN | GOS NADARZYN | 1958 | M60+ | 3 | 5:31 | 10,9 | 00:27:34 | 47 | |
| 52 | 476 | ZAWADZKA MAGDALENA | WARSZAWA | AKS POLONIA WARSZAWA | 1981 | K30 | 3 | 5:32 | 10,8 | 00:27:40 | | 5 |
| 53 | 424 | PERCHALUK MAGDALENA | WARSZAWA | ENTRE.PL | 1979 | K30 | 4 | 5:33 | 10,8 | 00:27:43 | | 6 |
| 54 | 336 | DZIEWULSKI KRZYSZTOF | PIASECZNO | | 1985 | M30 | 19 | 5:35 | 10,8 | 00:27:53 | 48 | |
| 55 | 364 | KORCZAK NATALIA | MYSIADŁO | CISNAŁCE MALINY | 2002 | K20 | 3 | 5:37 | 10,7 | 00:28:06 | | 7 |
| 56 | 363 | KORCZAK JULIA | MYSIADŁO | CISNAŁCE MALINY | 2002 | K20 | 4 | 5:37 | 10,7 | 00:28:07 | | 8 |
| 57 | 436 | ROMAN EWA | KOMORÓW | SPORTGAS | 1980 | K30 | 5 | 5:39 | 10,6 | 00:28:13 | | 9 |
| 58 | 467 | SKRZECZKOWSKI WOJCIECH | | | | | | 5:41 | 10,5 | 00:28:27 | | |
| 59 | 428 | PŁUSA JERZY | WARSZAWA | PARKRUN BRÓDNO | 1960 | M50 | 5 | 5:47 | 10,4 | 00:28:53 | 50 | |
| 60 | 472 | WOJCIECHOWSKA EWA | WARSZAWA | PARKRUN BRÓDNO | 1973 | K40 | 1 | 5:47 | 10,4 | 00:28:54 | | 10 |
| 61 | 311 | BARYŁA KRZYSZTOF | WARSZAWA | 7 | 1977 | M40 | 9 | 5:49 | 10,3 | 00:29:03 | 51 | |
| 62 | 348 | HOJDYS-ŁOPATKA AGNIESZKA | MIĘDZYBRODZIE ŻYWIECKIE | | 1980 | K30 | 6 | 5:49 | 10,3 | 00:29:05 | | 11 |
| 63 | 371 | KRASNODĘBSKI ADAM | WARSZAWA | | 1988 | M30 | 20 | 5:50 | 10,3 | 00:29:08 | 52 | |
| 64 | 359 | KAWECKA MAGDALENA | WARSZAWA | | 1982 | K30 | 7 | 5:50 | 10,3 | 00:29:11 | | 12 |
| 65 | 388 | ŁASIŃSKI PAWEŁ | WARSZAWA | 2111.PL | 1983 | M30 | 21 | 5:50 | 10,3 | 00:29:12 | 53 | |
| 66 | 503 | KROCHMAL GRZEGORZ | WOLICA | | 1959 | M50 | 6 | 5:52 | 10,2 | 00:29:21 | 54 | |
| 67 | 438 | ROSŁONEK - SZCZYBELSKA PAULINA | OTWOCK | TUPTUŚ OTWOCK | 1991 | K20 | 5 | 5:52 | 10,2 | 00:29:21 | | 13 |
| 68 | 490 | BICLECKI JAN | OKRUSZYN | | 1985 | M30 | 22 | 5:55 | 10,1 | 00:29:35 | 55 | |
| 69 | 350 | HULANICKI ANDRZEJ | WARSZAWA | GOGGLE TEAM | 1958 | M60+ | 4 | 5:55 | 10,1 | 00:29:35 | 56 | |
| 70 | 457 | SZYDLIK ARKADIUSZ | GRODZISK MAZOWIECKI | DOGOŃ GRODZISK MAZOWIECKI | 1982 | M30 | 23 | 5:58 | 10,1 | 00:29:48 | 57 | |
| 71 | 491 | KRUPNIEWSKA JOANNA | OTWOCK | | 1973 | K40 | 2 | 5:58 | 10,0 | 00:29:52 | | 14 |
| 72 | 308 | BAŁACKI JACEK | ZĄBKI | | 1978 | M40 | 10 | 6:00 | 10,0 | 00:29:58 | 58 | |
| 73 | 454 | SZCZYGIEŁ ŚLAWOMIR | PŁOŃSK | KB IM. P. SĘKOWSKIEGO | 1961 | M50 | 7 | 6:01 | 10,0 | 00:30:04 | 59 | |
| 74 | 376 | KRUPA AGNIESZKA | WARSZAWA | | 1978 | K40 | 3 | 6:02 | 10,0 | 00:30:09 | | 15 |
| 75 | 342 | GRONKIEWICZ MAREK | MILANÓWEK | BIEGI GRODZISK MAZOWIECKI | 1967 | M50 | 8 | 6:03 | 9,9 | 00:30:16 | 60 | |
| 76 | 383 | LIBERADZKA MAGDALENA | WARSZAWA | | 1976 | K40 | 4 | 6:03 | 9,9 | 00:30:16 | | 16 |
| 77 | 498 | MIRECKI ZBIGNIEW | JABŁOMŻA | PARKRUN BRÓDNO | 1958 | M60+ | 5 | 6:06 | 9,8 | 00:30:32 | 61 | |
| 78 | 468 | DUKAŁA ARKADIUSZ | ZALEŚIE GÓRNE | PZZ SPORT TEAM | 1973 | M40 | 11 | 6:07 | 9,8 | 00:30:35 | 62 | |
| 79 | 458 | SZYDLIK JOANNA | GRODZISK MAZOWIECKI | DOGOŃ GRODZISK MAZOWIECKI | 1979 | K30 | 8 | 6:07 | 9,8 | 00:30:35 | | 17 |
| 80 | 302 | ANDRZEJSKA JOANNA | PIASECZNO | | 1986 | K30 | 9 | 6:08 | 9,8 | 00:30:40 | | 18 |
| 81 | 481 | ŻOCHOWSKA EWELINA | PIASECZNO | | 1984 | K30 | 10 | 6:08 | 9,8 | 00:30:40 | | 19 |

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Data: 25.02.2018r.

Dystans: 5 KM

Miejscowość: Chojnów

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Wynik | M | K |
|------|---------|---------------------------------|---------------------|------------------------------|------------|-----------|------------|--------------|------------|----------|----|----|
| 82 | 369 | KOZDRÓJ WIOLETTA | GRODZISK MAZOWIECKI | DOGOŃ GRODZISK | 1975 | K40 | 5 | 6:08 | 9,8 | 00:30:41 | | 20 |
| 83 | 370 | KOZŁOWSKI BARTOSZ | PIASECZNO | | 1970 | M40 | 12 | 6:09 | 9,7 | 00:30:47 | 63 | |
| 84 | 416 | NIEMCZYK MARZENA | KONSTANCIN-JEZIORNA | RUN FOREST IBL | 1977 | K40 | 6 | 6:10 | 9,7 | 00:30:48 | | 21 |
| 85 | 410 | MIRKOWSKI ŁUKASZ | JAZGARZEW | | 1983 | M30 | 24 | 6:11 | 9,7 | 00:30:55 | 64 | |
| 86 | 356 | KANIEWSKI MARIUSZ | SKIERNIEWICE | PARKRUN SKIERNIEWICE | 1974 | M40 | 13 | 6:12 | 9,7 | 00:30:58 | 65 | |
| 87 | 470 | PIWOWSKI ADAM | GÓRA KALWARIA | | 1980 | M30 | 25 | 6:13 | 9,7 | 00:31:05 | 66 | |
| 88 | 365 | KORDEL KAROLINA | ZGORZAŁA | | 1983 | K30 | 11 | 6:16 | 9,6 | 00:31:19 | | 22 |
| 89 | 423 | PARYS MARZENA | KONSTANCIN JEZIORNA | BIEGAJĄCE ŻABECIE | 1986 | K30 | 12 | 6:16 | 9,6 | 00:31:19 | | 23 |
| 90 | 339 | POTERALSKI DARIUSZ | WARSZAWA | WARSZAWA | 1971 | M40 | 14 | 6:17 | 9,5 | 00:31:25 | 67 | |
| 91 | 474 | WOJEWÓDZKA JULIA | WARSZAWA | WOJEWÓDZCY TEAM | 2002 | K20 | 6 | 6:17 | 9,5 | 00:31:25 | | 24 |
| 92 | 378 | KRZEKOTOWSKA-GŁOWACKA AGNIESZKA | JÓZEFOSŁAW | | 1970 | K40 | 7 | 6:19 | 9,5 | 00:31:37 | | 25 |
| 93 | 469 | WASILEWSKA MAGDALENA | WARKA | | 1981 | K30 | 13 | 6:20 | 9,5 | 00:31:39 | | 26 |
| 94 | 488 | GAJDA IWONA | PIASECZNO | | 1978 | K40 | 8 | 6:20 | 9,5 | 00:31:40 | | 27 |
| 95 | 443 | SKOMOROWSKA MONIKA | WARSZAWA | MAMY RUSZAMY | 1977 | K40 | 9 | 6:20 | 9,5 | 00:31:42 | | 28 |
| 96 | 432 | RATAJ IWONA | GÓRA KALWARIA | | 1979 | K30 | 14 | 6:21 | 9,4 | 00:31:45 | | 29 |
| 97 | 103 | HRYNIEWICZ JOANNA | ŁOSICE | TUPTTEAM | 1991 | K20 | 7 | 6:22 | 9,4 | 00:31:48 | | 30 |
| 98 | 439 | RUDNICKA IZABELLA | WARSZAWA | | 1978 | K40 | 10 | 6:24 | 9,4 | 00:31:59 | | 31 |
| 99 | 421 | OWCZAREK PIOTR | WARSZAWA | KLUB LENIWYCH TRIATHLONISTÓW | 1963 | M50 | 9 | 6:24 | 9,4 | 00:32:00 | 68 | |
| 100 | 101 | HADUCH MARCIN | WYGLĘDY | | 1975 | M40 | 15 | 6:24 | 9,4 | 00:32:02 | 69 | |
| 101 | 460 | ŚWISTAK PIOTR | WARSZAWA | | 1984 | M30 | 26 | 6:25 | 9,4 | 00:32:05 | 70 | |
| 102 | 430 | POTERALSKA ALINA | WARSZAWA | | 1970 | K40 | 11 | 6:26 | 9,3 | 00:32:08 | | 32 |
| 103 | 412 | MODRZEJEWSKA EWA | ZALESIE GÓRNE | | 1982 | K30 | 15 | 6:26 | 9,3 | 00:32:09 | | 33 |
| 104 | 502 | ŻYWEK TERESA | WARSZAWA | TRIPower | 1947 | K60+ | 1 | 6:31 | 9,2 | 00:32:35 | | 34 |
| 105 | 82 | DĄBROWSKA JOLANTA | WARSZAWA | | 1983 | K30 | 16 | 6:34 | 9,1 | 00:32:51 | | 35 |
| 106 | 316 | BOGUĆKA MARTYNA | WARSZAWA | | 1973 | K40 | 12 | 6:35 | 9,1 | 00:32:56 | | 36 |
| 107 | 322 | CAŁKA ELŻBIETA | WARSZAWA | CHYŻE MAŁPY | 1980 | K30 | 17 | 6:35 | 9,1 | 00:32:57 | | 37 |
| 108 | 398 | MALANOWSKA ZUZANNA | WARSZAWA | | 1986 | K30 | 18 | 6:36 | 9,1 | 00:33:01 | | 38 |
| 109 | 404 | MAREK JUSTYNA | WARSZAWA | | 2001 | K20 | 8 | 6:36 | 9,1 | 00:33:02 | | 39 |
| 110 | 93 | GŁOWACKA ELŻBIETA | WARSZAWA | PARKRUN WARSZAWA URSYNÓW | 1955 | K60+ | 2 | 6:38 | 9,1 | 00:33:08 | | 40 |
| 111 | 455 | SZLASA GRZEGORZ | PIASECZNO | | 1972 | M40 | 16 | 6:38 | 9,0 | 00:33:11 | 71 | |
| 112 | 487 | ROZWADOWSKI PAWEŁ | BRUJNÓW | | 1968 | M50 | 10 | 6:38 | 9,0 | 00:33:12 | 72 | |
| 113 | 360 | KĘBŁOWSKA ANNA | IZABELIN | | 1981 | K30 | 19 | 6:41 | 9,0 | 00:33:24 | | 41 |
| 114 | 349 | HULANICKA IRINA | WARSZAWA | GOGGLE TEAM | 1956 | K60+ | 3 | 6:44 | 8,9 | 00:33:39 | | 42 |
| 115 | 425 | PIOTROWSKA EDYTA | WARSZAWA | | 1977 | K40 | 13 | 6:44 | 8,9 | 00:33:39 | | 43 |
| 116 | 417 | NITA AGATA | ZIELONKA | | 1984 | K30 | 20 | 6:44 | 8,9 | 00:33:40 | | 44 |
| 117 | 418 | NITA MARCIN | ZIELONKA | | 1983 | M30 | 27 | 6:44 | 8,9 | 00:33:40 | 73 | |
| 118 | 429 | PŁUSA MONIKA | WARSZAWA | | 1991 | K20 | 9 | 6:46 | 8,9 | 00:33:49 | | 45 |
| 119 | 489 | SROCYŃSKA JUSTYNA | PIASECZNO | OSTRE SROKI | 1978 | K40 | 14 | 6:46 | 8,9 | 00:33:50 | | 46 |
| 120 | 509 | ŁOBODZIŃSKA JUSTYNA | MYSIADŁO | | 1874 | #N/D/! | #N/D/! | 6:47 | 8,8 | 00:33:54 | | 47 |
| 121 | 407 | MATUSIAK NATALIA | GÓRA KALWARIA | | 1979 | K30 | 21 | 6:47 | 8,8 | 00:33:57 | | 48 |
| 122 | 441 | RUNOWSKI ŁUKASZ | WARSZAWA | OTWOCK BIEGA | 1975 | M40 | 17 | 6:49 | 8,8 | 00:34:05 | 74 | |
| 123 | 435 | ROGUZIŃSKI RADOSŁAW | STARA IWICZNA | RDX | 1982 | M30 | 28 | 6:50 | 8,8 | 00:34:10 | 75 | |
| 124 | 73 | BUGAJEWSKA ANNA | PŁOŃSK | KB IM. P. SĘKOWSKIEGO | 1961 | K50 | 1 | 6:50 | 8,8 | 00:34:12 | | 49 |
| 125 | 74 | BUGAJEWSKI JANUSZ | PŁOŃSK | KB IM. P. SĘKOWSKIEGO | 1961 | M50 | 11 | 6:50 | 8,8 | 00:34:12 | | 76 |
| 126 | 456 | SZULAKOWSKA MONIKA | OTWOCK | | 1982 | K30 | 22 | 6:51 | 8,8 | 00:34:13 | | 50 |
| 127 | 427 | PŁUSA IWONA | WARSZAWA | | 1962 | K50 | 2 | 6:51 | 8,8 | 00:34:17 | | 51 |
| 128 | 440 | RUDNICKI JERZY | PIASECZNO | WWW.TELEMAGIC.COM.PL | 1979 | M30 | 29 | 6:52 | 8,7 | 00:34:19 | | 77 |
| 129 | 357 | KAROLAK KAROL | ŁĄZY | | 1981 | M30 | 30 | 6:52 | 8,7 | 00:34:20 | | 78 |
| 130 | 358 | KAROLAK MONIKA | ŁĄZY | | 1984 | K30 | 23 | 6:52 | 8,7 | 00:34:21 | | 52 |
| 131 | 409 | MIELNICZUK RYSZARD | JÓZEFÓW | CWAŁUJĄCE ŻOŁWIE | 1957 | M60+ | 6 | 6:55 | 8,7 | 00:34:36 | | 79 |
| 132 | 400 | MALDIS MAREK | WARSZAWA | | 1949 | M60+ | 7 | 6:56 | 8,7 | 00:34:40 | | 80 |
| 133 | 483 | PRZETAKIEWICZ MAGDALENA | WARSZAWA | | 1977 | K40 | 15 | 6:57 | 8,6 | 00:34:46 | | 53 |
| 134 | 504 | KOSZLAGA BEATA | WARSZAWA | MANIANA TEAM | 1964 | K50 | 3 | 6:57 | 8,6 | 00:34:47 | | 54 |
| 135 | 408 | MAZUR MAŁGORZATA | WARSZAWA | | 1975 | K40 | 16 | 7:04 | 8,5 | 00:35:18 | | 55 |
| 136 | 320 | BRZOZOWSKA EWA | WARSZAWA | AKS POLONIA WARSZAWA | 1967 | K50 | 4 | 7:05 | 8,5 | 00:35:25 | | 56 |
| 137 | 403 | MARCZAK AGNIESZKA | KARCZEW | | 1974 | K40 | 17 | 7:06 | 8,5 | 00:35:29 | | 57 |
| 138 | 411 | MŁYNARCIK KARINA | KONSTANCIN JEZIORNA | | 2000 | K20 | 10 | 7:06 | 8,4 | 00:35:31 | | 58 |
| 139 | 486 | STANKIEWICZ ARTUR | WARSZAWA | | 1965 | M50 | 12 | 7:09 | 8,4 | 00:35:47 | | 81 |
| 140 | 313 | BILICKA JUSTYNA | WARSZAWA | | 1986 | K30 | 24 | 7:15 | 8,3 | 00:36:15 | | 59 |
| 141 | 381 | KWAPIŃSKA MAJA | GRODZISK MAZ | DOGOŃ GRODZISK MAZOWIECKI | 1977 | K40 | 18 | 7:17 | 8,2 | 00:36:25 | | 60 |
| 142 | 480 | ŻMUDZKA AGNIESZKA | WARSZAWA | | 1973 | K40 | 19 | 7:19 | 8,2 | 00:36:33 | | 61 |
| 143 | 374 | KROCHMAL ADAM | BEMOWO | BEMOWO ORIENTEERING TEAM | 1986 | M30 | 31 | 7:19 | 8,2 | 00:36:34 | | 82 |
| 144 | 125 | KILIAN MONIKA | WARSZAWA | ELEKTRYKWARSZAWA.PL | 1973 | K40 | 20 | 7:23 | 8,1 | 00:36:54 | | 62 |
| 145 | 390 | ŁUKASZEWSKA ANNA | WARSZAWA | | 1986 | K30 | 25 | 7:24 | 8,1 | 00:37:00 | | 63 |
| 146 | 391 | ŁUKASZEWSKI DARIUSZ | WARSZAWA | | 1984 | M30 | 32 | 7:24 | 8,1 | 00:37:00 | | 83 |
| 147 | 382 | LEPIESZKIEWICZ NATALIA | WARSZAWA | BROCHY KRÓLA | 1983 | K30 | 26 | 7:24 | 8,1 | 00:37:01 | | 64 |
| 148 | 384 | LISOWSKA KATARZYNA | PIASECZNO | | 1976 | K40 | 21 | 7:29 | 8,0 | 00:37:23 | | 65 |
| 149 | 397 | MALANOWSKA ANNA | WARSZAWA | | 1986 | K30 | 27 | 7:32 | 8,0 | 00:37:39 | | 66 |
| 150 | 307 | BALACKA KATARZYNA | ZĄBKI | | 1977 | K40 | 22 | 7:33 | 8,0 | 00:37:44 | | 67 |
| 151 | 314 | BOCHEŃSKA-SZLASA MAŁGORZATA | PIASECZNO | | 1973 | K40 | 23 | 7:36 | 7,9 | 00:38:00 | | 68 |
| 152 | 508 | STELMACH GABRIELA | MYSIADŁO | | 1971 | K40 | 24 | 7:37 | 7,9 | 00:38:04 | | 69 |
| 153 | 327 | CZYŻ ARTUR | GÓRA KALWARIA | | 1974 | M40 | 18 | 7:37 | 7,9 | 00:38:07 | 84 | |
| 154 | 375 | KROCHMAL MAŁGORZATA | WOLICA | | 1958 | K60+ | 4 | 7:38 | 7,9 | 00:38:09 | | 70 |
| 155 | 446 | SMOCZYŃSKA AGNIESZKA | JÓZEFOSŁAW | | 1969 | K40 | 25 | 7:38 | 7,9 | 00:38:11 | | 71 |
| 156 | 324 | CIESIELSKA IWONA | WARSZAWA | | 1969 | K40 | 26 | 7:39 | 7,8 | 00:38:13 | | 72 |
| 157 | 422 | PALUSZEWSKA MONIKA | WARSZAWA | | 1973 | K40 | 27 | 7:43 | 7,8 | 00:38:33 | | 73 |
| 158 | 394 | MAJEWSKA ANNA | ZALESIE GÓRNE | | 1980 | K30 | 28 | 7:44 | 7,8 | 00:38:41 | | 74 |
| 159 | 426 | PIOTROWSKI ARTUR | WARSZAWA | | 1978 | M40 | 19 | 7:49 | 7,7 | 00:39:03 | 85 | |
| 160 | 442 | SAJNOG DOROTA | WARSZAWA | | 1978 | K40 | 28 | 7:49 | 7,7 | 00:39:03 | | 75 |
| 161 | 434 | ROGUZIŃSKA KAMILA | STARA IWICZNA | RDX | 1982 | K30 | 29 | 7:53 | 7,6 | 00:39:27 | | 76 |
| 162 | 485 | MARSZAŁEK JERZY | WARSZAWA | | 1958 | M60+ | 8 | 7:54 | 7,6 | 00:39:28 | | 86 |

BiegamBoLubię LASY Chojnów 2018

Organizator: Lasy Państwowe; Centrum Informacyjne Lasów Państwowych (CILP); Nadleśnictwo Chojnów, Club bbl, Fundacja Wychowanie przez Sport

Data: 25.02.2018r.

Dystans: 5 KM

Miejscowość: Chojnów

Klasyfikacja: OPEN



| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Wynik | M | K |
|------|---------|-------------------------------|--------------|-------------------|------------|-----------|------------|--------------|------------|----------|---|----|
| 163 | 325 | CZAPSKA IZABELA | WARSZAWA | | 1972 | K40 | 29 | 7:54 | 7,6 | 00:39:30 | | 77 |
| 164 | 499 | GÓRCZYŃSKA BEATA | PIASECZNO | PIASECZNO RUNNING | 1982 | K30 | 30 | 7:56 | 7,6 | 00:39:42 | | 78 |
| 165 | 500 | WANDEL JULIA | PIASECZNO | PIASECZNO RUNNING | 2002 | K20 | 11 | 7:57 | 7,6 | 00:39:43 | | 79 |
| 166 | 405 | MAREK KAMILA | WARSZAWA | | 1971 | K40 | 30 | 7:59 | 7,5 | 00:39:53 | | 80 |
| 167 | 453 | SZCZYBELSKI MACIEJ | OTWOCK | TUP TUŚ | 1990 | M20 | 15 | 8:00 | 7,5 | 00:40:02 | | 87 |
| 168 | 380 | KUR MARIUSZ | JAZGARZEW | JAZGARZEW TEAM | 1987 | M30 | 33 | 8:01 | 7,5 | 00:40:05 | | 88 |
| 169 | 281 | KRZYŻANOWSKA ZOJA | WARSZAWA | VEGE RUNNERS | 1986 | K30 | 31 | 8:29 | 7,1 | 00:42:26 | | 81 |
| 170 | 419 | OLCZYK KATARZYNA | NOWA IWICZNA | | 1966 | K50 | 5 | 8:29 | 7,1 | 00:42:27 | | 82 |
| 171 | 372 | KRAWCZYK GRAŻYNA | ŻABIENIEC | KONDYCJA | 1977 | K40 | 31 | 8:31 | 7,0 | 00:42:35 | | 83 |
| 172 | 328 | ĆWIRKO AGNIESZKA | WARSZAWA | | 1982 | K30 | 32 | 8:35 | 7,0 | 00:42:55 | | 84 |
| 173 | 332 | DEREŃ ALICJA | WARSZAWA | | 1981 | K30 | 33 | 8:40 | 6,9 | 00:43:22 | | 85 |
| 174 | 367 | KOWALEC MARCIN | WARSZAWA | | 1972 | M40 | 20 | 8:46 | 6,8 | 00:43:52 | | 89 |
| 175 | 452 | SZCZEŚNIAK - PIWOWARSKA BEATA | WARSZAWA | | 1980 | K30 | 34 | 10:04 | 6,0 | 00:50:19 | | 86 |
| 176 | 102 | HOŁOWACZ TOMASZ | WARSZAWA | KONDYCJA | 1940 | M60+ | 9 | 12:20 | 4,9 | 01:01:40 | | 90 |